



Wiki 5 – Poutū-te-rangi / March 12

Kaupapa: Te Rātapu tuatoru o Rēneti

Mihimihi / Introduction 10 mins

Mihi – Kia ora everybody, mihi to new tamariki
Icebreaker ideas

Pānui / Reading 5min

Hoani 4: 5-42

John 4: 5-42

Rārangi o te rā

“(ko) te wai e hoatu e ahau ki a ia, hei puna wai tēnā i roto i a ia e pupū ake ana, ā te ora tonu rā anō.”
Hoani 4: 14

“The water that I will give will become in them a spring of water gushing up to eternal life.”
John 4: 14

Kupu o te rā

Puna wai

A Spring (of water)

Activity 20mins

- Weetbix wars
-

Waiata

- There’s a river of life flowing out of me.

Link to our [Waiata page here](#)

Conclusion Evaluation 5mins

What did we learn? Positives, negatives, suggestions for next week?
Feedback from tamariki/whanau

Resources needed:

Bible
Lollies
Weetbix

Cordial (you can get 99% sugar free these days)





Pānui/ Readings:

Hoani 4: 5-42

Ka timata te panui kei te pukapuka o Hoani, te 4 o ngā upoko, ki te whiti 5

⁵ Ā, ka haere ia ki tētahi pā o Hamaria, ko Haika te ingoa, e pātata ana ki te wāhi i hoatu e Hākopa ki tāna tama, ki a Hōhepa. ⁶ Kei reira hoki te puna a Hākopa. Nā, kua ngenge a Īhu i te haerenga, heoi noho ana ia ki te taha o te puna, ā, meāke ko te ono o ngā hāora.

⁷ Ka haere mai tētahi wahine o Hamaria ki te utu wai. Ka mea a Īhu ki a ia, “Hōmai he wai mōku.” ⁸ (Kua riro hoki āna ākongā ki te pā, ki te hoko kai.)

⁹ Nā, ko te meatanga a te wahine o Hamaria ki a ia, “He aha koe, he Hūrai nā koe, ka tono mai ai i te wai i ahau, he wahine nei ahau nō Hamaria?” (Kāhore hoki e tātata ana ngā Hūrai ki ngā Hamarai.)

¹⁰ Ka whakahoki a Īhu, ka mea ki a ia, “Me i mātau koe ki tā te Atua e hōmai ai, ki tēnei hoki e mea nei ki a koe, ‘Hōmai he wai moku,’ pēnei kua tono koe ki a ia, ā, kua hoatu e ia te wai ora ki a koe.”

¹¹ Ka mea te wahine ki a ia, “E kara, kāhore āu mea hei utu wai, he hōhonu anō te puna. Nō hea tēnā wai ora āu? ¹² He nui oti koe i tō mātou matua, i a Hākopa, i hōmai ai te puna ki a mātou, inu ana ia i konei, rātou ko āna tamariki, me āna kararehe?”

¹³ Ka whakahoki a Īhu, ka mea ki a ia, “E mate anō i te wai te tangata e inu ana i tēnei wai; ¹⁴ tēnā ko te tangata e inu ana i te wai e hoatu e ahau ki a ia, e kore ia e mate i te wai ā ake ake. Engari te wai e hoatu e ahau ki a ia, hei puna wai tēnā i roto i a ia e pupū ake ana, ā te ora tonu rā anō.”

¹⁵ Ka mea te wahine ki a ia, “E kara, hōmai ki ahau tēnei wai, kei mate ahau i te wai, kei haere mai hoki ki konei rawa utu ai.”

¹⁶ Ka mea a Īhu ki a ia, “Tikina, karangatia tō tahu, ka hoki mai ai.”

¹⁷ Ka whakahoki te wahine, ka mea, “Kāhore āku tahu.”

Ka mea a Īhu ki a ia, “He kōrero tika tāu, ‘Kāhore āku tahu’; ¹⁸ inā hoki kua tokorima āu tahu, ko ia i a koe nei ehara i te tahu nāu. He pono tēnei kōrero āu.”

¹⁹ Ka mea te wahine ki a ia, “E kara, e kite ana ahau he poropiti koe. ²⁰ I karakia ō mātou mātua i runga i tēnei maunga; ā, e mea ana koutou, Ko Hiruhārama te wāhi e tika ai te karakia.”

²¹ Ka mea a Īhu ki a ia, “E tai, whakapono ki ahau, meāke puta te wā, e kore ai koutou e karakia ki te Matua i runga i tēnei maunga, e kore anō i Hiruhārama. ²² Kāhore koutou e mōhio ki tā koutou e karakia nei; e mātau ana mātou ki tā mātou e karakia nei; nō ngā Hūrai nei hoki te ora. ²³ Otirā, meāke puta te wā, ā, tēnei anō, e karakia ai ngā kaikarakia pono ki





te Matua i runga i te wairua, i te pono; e rapu ana hoki te Matua ki te pēra hei karakia ki a ia. ²⁴ He Wairua te Atua; me karakia hoki ngā kaikarakia ki a ia i runga i te wairua, i te pono.”

²⁵ Ka mea te wahine ki a ia, “E mātau ana ahau kei te haere mai te Mīhaia” (e kīia nei ko te Karaiti) “ka tae mai ia, māna ngā mea katoa e kōrero ki a tātou.”

²⁶ Ka mea a Īhu ki a ia, “Ko ahau anō ia e kōrero nei ki a koe.”

²⁷ Nā, ka puta i reira āna ākonga, ka mīharo ki tāna kōrerotanga ki te wahine; heoi, kīhai tētahi i mea, “He aha tāu e rapu? He aha koe ka kōrero ai ki a ia?”

²⁸ Nā, ka whakarērea e te wahine tāna ipu, ā, haere ana ki te pā, ka mea ki ngā tangata, ²⁹ “Haere mai, kia kite i te tangata i kōrerotia mai ai ki ahau ngā mea katoa i mea ai ahau. Ehara rānei tēnei i a te Karaiti?” ³⁰ Ka puta rātou ki waho o te pā, ā, ka ahu mai ki a ia.

³¹ I taua takiwā anō ka tohe ngā ākonga ki a ia, ka mea, “E te Kaiwhakaako, e kai ra.”

³² Otirā, ka mea ia ki a rātou, “He kai anō tāku hei kai māku, kāhore koutou e mātau.”

³³ Nā, ka mea ngā ākonga tētahi ki tētahi, “I kawea mai rānei e tētahi he kai māna?”

³⁴ Ka mea a Īhu ki a rātou, “Ko tāku kai tēnei, ko te mea i tā tōku kaitono e pai ai, kia whakaotia hoki tāna mahi. ³⁵ E kore ianei koutou e mea, ‘Kia whā atu ngā mārāma, ā, ka taea te kotinga?’ Nanā, ko tāku kupu tēnei ki a koutou, Kia ara ake ō koutou kano, titiro ki ngā mārā; kua mā noa ake; ko te kotinga tēnei. ³⁶ Ka whiwhi te kaikokoti ki te utu, ka kohia anō hoki e ia ngā hua mō te ora tonu; kia hari tahi ai te kairui rāua ko te kaikokoti. ³⁷ Nā, konei hoki i pono ai taua kī, ‘E rui ana tētahi, e kokoti ana tētahi.’ ³⁸ I tonoa koutou e ahau ki te kokoti i te mea kīhai i mahia e koutou. He tangata kē nāna i mahi, ā kua uru koutou ki a rātou mahi.”

³⁹ Ā, he tokomaha ngā Hamari o taua pā i whakapono ki a ia, mō te kī a te wahine i mea rā, “I kōrerotia mai e ia ki ahau ngā mea katoa i mea ai ahau.” ⁴⁰ Ā, nō ka tae ngā Hamari ki a ia, ka mea kia noho ia ki a rātou; ā, e rua ngā rā i noho ai ia ki reira. ⁴¹ Nā, hira noa ake ngā tangata i whakapono, he mea hoki nā tāna kupu.

⁴² I mea anō ki te wahine, “Ehara i te mea nā tāu kupu i whakapono ai mātou ināianei; kua rongorongo nei hoki mātou ake, ā, ka mātau, ko te Karaiti pū tēnei, ko te Kaiwhakaora o te ao.”

John 4: 5-42

Today’s reading comes from the book of John, chapter 4, beginning at verse 5

⁵ So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. ⁶ Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.





⁷ A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. ⁸ (His disciples had gone to the city to buy food.) ⁹ The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) ¹⁰ Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' ¹¹ The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? ¹² Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' ¹³ Jesus said to her, 'Everyone who drinks of this water will be thirsty again, ¹⁴ but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' ¹⁵ The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

¹⁶ Jesus said to her, 'Go, call your husband, and come back.' ¹⁷ The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; ¹⁸ for you have had five husbands, and the one you have now is not your husband. What you have said is true!' ¹⁹ The woman said to him, 'Sir, I see that you are a prophet. ²⁰ Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' ²¹ Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You worship what you do not know; we worship what we know, for salvation is from the Jews. ²³ But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. ²⁴ God is spirit, and those who worship him must worship in spirit and truth.' ²⁵ The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' ²⁶ Jesus said to her, 'I am he, the one who is speaking to you.'

²⁷ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' ²⁸ Then the woman left her water-jar and went back to the city. She said to the people, ²⁹ 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' ³⁰ They left the city and were on their way to him.

³¹ Meanwhile the disciples were urging him, 'Rabbi, eat something.' ³² But he said to them, 'I have food to eat that you do not know about.' ³³ So the disciples said to one another, 'Surely no one has brought him something to eat?' ³⁴ Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. ³⁵ Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. ³⁶ The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. ³⁷ For here the saying holds true, "One sows and another reaps." ³⁸ I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

³⁹ Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' ⁴⁰ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. ⁴¹ And many more believed because of his word. ⁴² They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'





Reflection notes:

For today, the best verses to focus on are **verses 7-14**. This reading is about believing that Jesus is the chosen one. It is good for our Kaupapa for Lent – Growing with God.

Water is the most important fuel for our bodies. More important than food. So it is good that we reflect on Jesus' conversation with this wahine. Here, he lets her know that there is fuel that we need for our bodies and fuel that we need for our hearts and minds. God is the fuel that we can't find in the well on earth that feeds our hearts.

As we talk with our tamariki today, let us remember the plants that we looked at at the beginning of the term and might still be (?) growing at home. Remember how they need water to live. The rest is in the Pātai mō ngā tamariki.





Pātai mō ngā tamariki

Update on Blessings Challenge – how are tamariki going?

Update on Memory Verse Challenge – how are tamariki going?

How are your plants going that we gave out at the beginning of Lent? Are they growing like you? Have you been feeding them with water, sunshine, space to grow, and fertiliser if needed?

In Aotearoa, we have:

‘puna’ (springs of water),
‘roto’ (lakes’),
‘awa’ (‘rivers’) more than a ‘puna wai’ (well’).

Do you know why?

(the make-up of the land here is that the beautiful wai is so close to the surface of the whenua, so we don’t have to dig deep to get it)

In the story, Jesus talks about a puna wai.

Where is a puna wai that you know of?

How important is it?

Do you know any stories about water being an important part of your history, or how things work?

(ideas that come to mind = Hinemoa & Tutānekai met at a puna, Waikato River is important to many iwi along the river, etc)

Remember we have talked before about how Jesus tried to use examples to help us understand how special he was? The other one was in week 1 where he was talking about himself being the ‘vine’. Wai has been and still is important for us which is why Jesus compares himself to wai in this story

Today’s activities will help us to understand what it TASTES like to Grow with God.

Kua rite tatou??





Activity 1 – Weetbix wars!

Game – who can eat the most weetbix?

Line all tamariki up, start with one weetbix in a bowl in front of each tamaiti (could use on a paper towel or serviette to save dishes)

When the leader says ‘timata/start’, tamariki have a race to see who can eat the most weetbix. As a tamaiti finishes one weetbix, the leader puts another weetbix on that tamaiti’s serviette

Notes – don’t expect many to eat more than one weetbix as they are DRY AS!

When tamariki are finished, ask them – **what does your mouth feel like?**
Answers should be – dry, grose, some will probably say tasty...

Now hand out a glass of cordial for each tamaiti to drink.

Ask again – **what does that taste like?**
Answers should be – yummy, wet, helps HEAPS

Say – This is what Growing with God tastes like. Without God, you can feel lost, dry, helpless, but when we we read the Bible and ‘drink up’ what God has to offer, we grow and things can be sweeter, easier and delicious!





Activity 2 - Īnoi

Change the words in the Īnoi

E Īhowa

E whakawhetai ana mātou mō...

Aroha mai ...

Āwhinatia mai mātou ki te whai i te huarahi tika, kia mau ki
ōu kupu i ngā wā katoa

Ā, ka Īnoi hoki mō ō mātou mātua, me ō mātou whanau hoki.

I runga i tō ingoa tapu

Āmine

Lord

Thank you for...

Forgive us when ...

Help us to hold true to your path, and follow your word at
all times

We also pray for our parents and our families

In your Holy name

Amen

