



Wiki 3 – Here-turi-koka / August 6

Kaupapa: Ka whāngaia e Īhu te rima mano

**Mihimihi /
Introduction**
10 mins

Kia ora everybody, mihi to tamariki
Icebreaker

**Pānui /
Reading**
5min

Matiu 14: 13-21

Matthew 14: 13-21

Rārangi o te rā

Ā, kai katoa ana rātou, ā ka mākona; ā, kotahi tekau mā rua ngā kete i kohia ake e rātou, kī tonu i ngā whatiwhatinga i toe.

And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full.

Matiu 14: 20

Matthew 14: 20

Kupu o te rā

Mākona

filled

Activity
20mins

- Whakarite he kai tohatoha

Waiata

Conclusion
Evaluation
5mins

What did we learn? Positives, negatives, suggestions?
Feedback from tamariki/whanau

Resources needed:

Bible
Kai and tools for the shared kai (ideas provided)

Cutlery / crockery to serve kai





Pānui / readings:

Matiu 14: 13-21

Ka timata te panui kei te pukapuka o Matiu, te 14 o ngā upoko, ki te whiti 13

¹³ Nā, i te rongonga o Īhu, ka haere atu ia i reira rā te kaupuke ki te koraha, ki te wāhi motu kē. Ā, nō ka rongo te mano, ka aru i a ia rā uta i roto i ngā pā. ¹⁴ Ā, ka puta atu a Īhu, ka kite i te huihuinga nui, ka aroha ia ki a rātou, ā, whakaorangia ana e ia ō rātou tūroro.

¹⁵ Ā, nō ka ahiahi, ka haere atu āna ākongā ki a ia, ka mea, “He wāhi koraha tēnei, kua heke noa atu te rā; tona atu te mano, kia haere ai rātou ki ngā kāinga ki te hoko kai mā rātou.”

¹⁶ Anō rā ko Īhu ki a rātou, “Kāhore he mea e haere ai rātou; mā koutou e hoatu he kai mā rātou.”

¹⁷ Ka mea rātou ki a ia, “Heoi anō a mātou i konei, e rima ngā taro, e rua hoki ngā ika.”

¹⁸ Nā, ka mea ia, “Mauria mai ki konei ki ahau.” ¹⁹ Nā, ka mea ia ki te mano kia noho ki runga i te tarutaru, ka mau i ngā taro e rima, i ngā ika hoki e rua, ka titiro ki runga ki te rangi, ka whakapai, ka whawhati, ā, hoatu ana e ia ngā taro ki ngā ākongā, ā, nā ngā ākongā ki te mano. ²⁰ Ā, kai katoa ana rātou, ā ka mākona; ā, kotahi tekau mā rua ngā kete i kohia ake e rātou, kī tonu i ngā whatiwhatinga i toe. ²¹ Ko te hunga i kai rā me te mea e rima mano ngā tāne, hāunga ngā wāhine me ngā tamariki.

Matthew 14: 13-21

Today's reading comes from the book of Matthew, chapter 14, beginning at verse 13

¹³ Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, ‘This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.’ ¹⁶ Jesus said to them, ‘They need not go away; you give them something to eat.’ ¹⁷ They replied, ‘We have nothing here but five loaves and two fish.’ ¹⁸ And he said, ‘Bring them here to me.’ ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.





Reflection notes:

Ahakoā he iti, he pounamu

This story is a nice Māori story that tells us; ahakoā te aha, whāngaia te manuhiri.

It reminds us that even with a little, we can serve our visitors and they can leave satisfied. It reminds us to consider the value of kai and how much we over-feed people sometimes. It reminds us to consider 'what is nourishment'? Is physical food what this person needs right now to fill their kete? Or is it something else?

These are important reminders for us as we value manaakitanga and whanaungatanga. Sometimes the relationship and time with someone is what we need. Food definitely helps though! But filling a kete is not always about filling the puku.

When we work with our tamariki and they might be giving us some grief, let us think to ourselves, what is missing from your kete? How can I help fill you up? Is it with aroha, with kai, with valued learning, or what else?

May you enjoy your mahi and feel as filled as your tamariki 😊

Pātai mō ngā tamariki:

This is a cool story about manaakitanga and filling your kete.

If you were about to be stranded on an island and you had 3 things to put into your kete, what would they be?

Filling the wairua is just as important as filling the puku. That's why these people came to listen to Jesus! They loved hearing his messages of love and hope.

Today we are going to fill our puku while spending time with each other and feeding our whanau. Let's work together to get it all done!





Activity - Whakarite he kai tohatoha

Because the story is about fishing and bread, why not make a seafood chowder with fried bread?

Seafood Chowder

Onions	Water
Seafood (muscles, pipi, fish, etc)	Oil
Seafood soup mix	Soup pot
Cream (optional)	

Fry up the chopped onions in the oil.

Add the chopped seafood and soup mix, stir to cook a little bit.

Add the water and bring to a boil.

When you are ready to serve, add the cream

Fry Bread Recipe

4 cups self-raising flour

2 cups warm water

Cooking oil

Ko tāu rourou, ko tāku rourou
Ka mākona mātou

Preheat your electric fry pan and add enough oil to cover the bread. Heat this up while making the bread.

Put the flour in a bowl and make a well in the middle. Pour half of the water into the well and slowly mix it into the flour. If it needs more water, add little bits at a time until it forms a dough. Put the dough onto a floured surface. Knead and roll out to about an inch thick. Cut the dough into scone-like sizes.

Gently put the bread dough into the hot oil and cook until the lower side is golden brown. Then flip the bread over to 'golden' the other side.

Remove from the fry pan and place on a paper towel to cool down. When it is cool enough to cut, it can be served with butter and cream or jam.

Extension – while doing the mahi, have a korero about:

- What makes you feel happy?
- If you could have dinner with Jesus, what would you serve?
- If you could have a dinner with anybody, who would it be and where?

