

Ānei tētahi aka. E hiahia ana te aka kia tipu ētahi hua.

Tuhia ki te tinana tētahi tūāhua uaua ki a koe – arā, e whakahōhā ana tētahi atu ki a koe.

Tuhia ki ia manga he mahi māu i ngā wā ka mau ana taua tūāhua ki a koe.

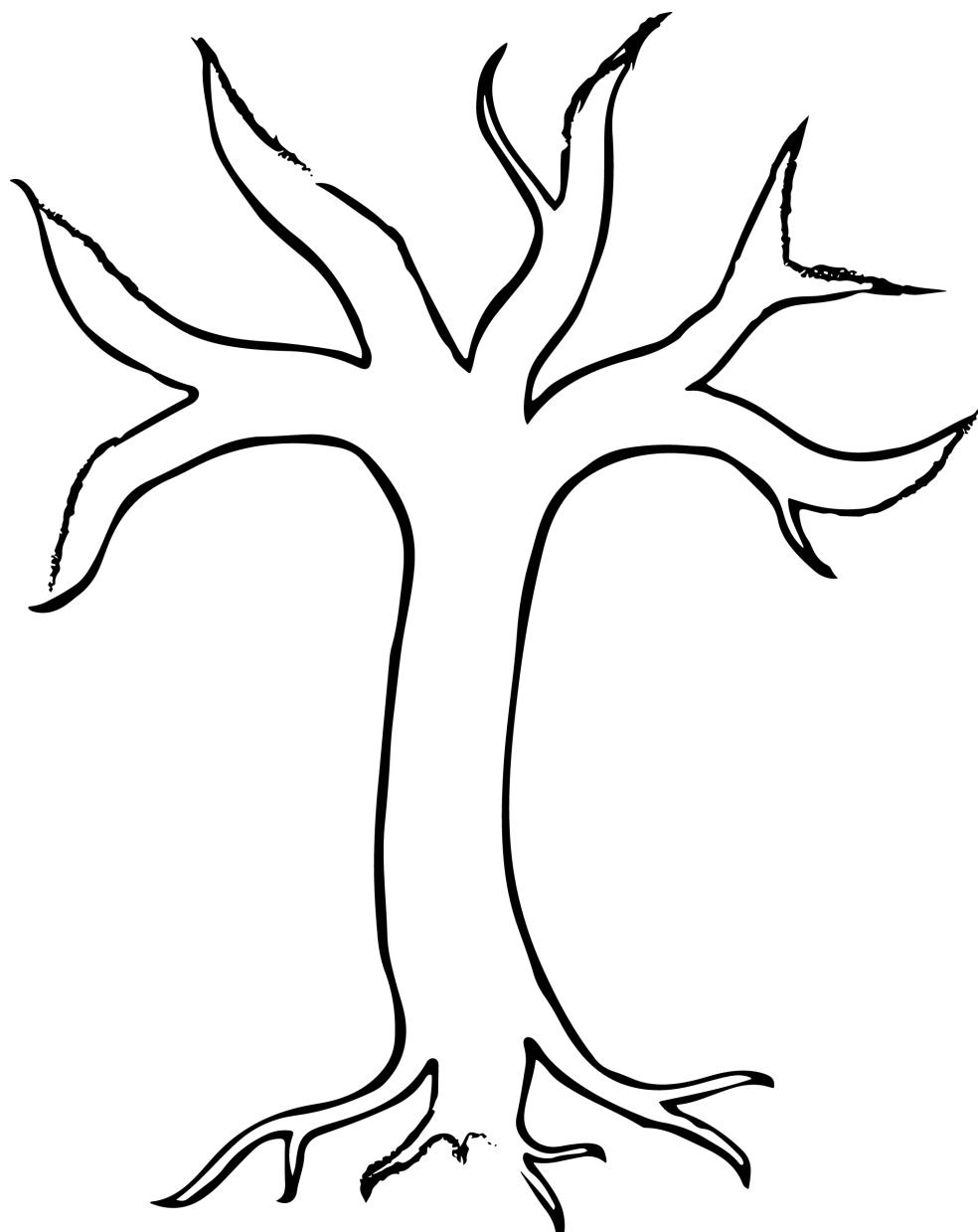
Whakarākeihia tō aka

Here is a vine with branches that wants to grow fruit.

Think of a challenging situation – i.e. when someone is annoying you. Write this situation down the trunk of your tree.

On each branch, write something that you could do in that situation (a solution)

When you are finished, colour in your vine. You can even draw fruit too



AROHAINA

OKOUTOU

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WHAWHAI

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